

Welcome Coaches!

The Zoom meeting will begin in just a moment... we are waiting for everyone to join!

PRACTICE #10

Week of October 25th



Welcome! (5 min)

- Welcome
- Game Recap
 - What went well? What do we need to work on?
- What are we going to work on today?
- What are playoffs?



Warm up and Skills

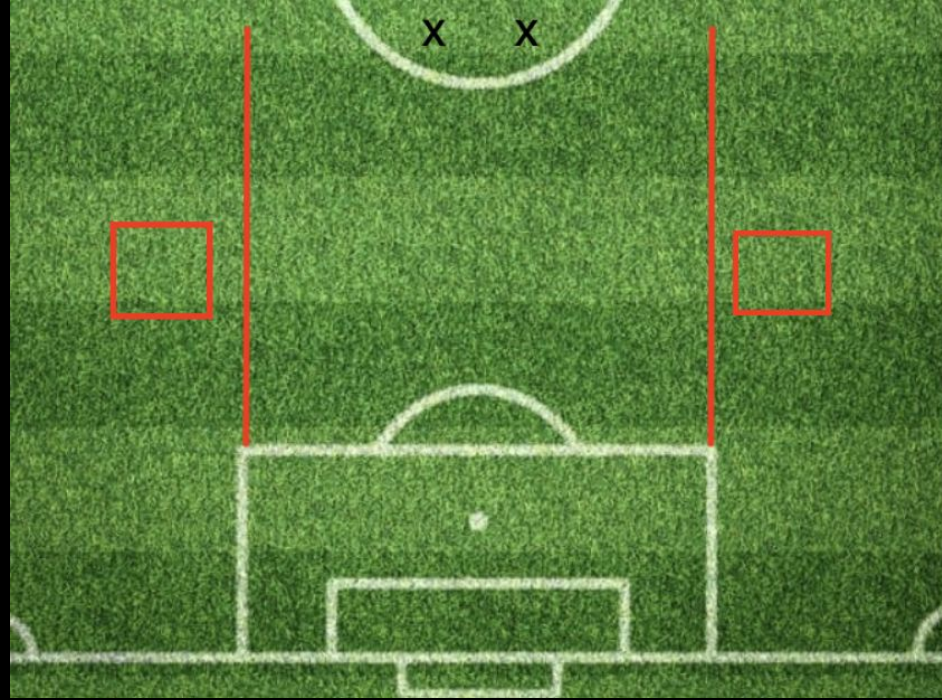
- Penalty Kick Shoot Out
 - Divide your team in half and do a real shoot out.

- Tips
 - Take your time
 - Position your ball how you want it- tee it up.
 - Don't change your mind.



Scrimmage

- Regular Scrimmage
- Or you can add in rules to work on throw-ins, corner kicks, goal kicks.



Fun Game!

- Shooting game
- World Cup
- Or whatever is your team's favorite game to play

Things to Think about going into playoffs

- Tone and Preparation
- Measure your expectations
- Give your team best chance for success
- Are you a lower team in your bracket?
- Are you a top team in your bracket?

If you have any questions please stay for

Q and A

CoachAli.ChampionsSoccer@gmail.com